

Apple Carrot Salad

Ingredients

- * 1 cup carrots, shredded
- * 1 tablespoon lemon juice
- * 1/2 cup low-fat mayonnaise
- * 3 apples, diced
- * 1/2 cup raisins
- * lettuce (optional)

Direction

1. In a large bowl, combine all ingredients.
2. Chill thoroughly.
3. Serve on lettuce, if desired.