

## **Apple Carrot Salad**

### **Ingredients**

- \* 1 cup carrots, shredded
- \* 1 tablespoon lemon juice
- \* 1/2 cup low-fat mayonnaise
- \* 3 apples, diced
- \* 1/2 cup raisins
- \* lettuce (optional)

### **Direction**

1. In a large bowl, combine all ingredients.
2. Chill thoroughly.
3. Serve on lettuce, if desired.